

What OT services are available?

- Activities to improve joint strength, range of motion, and ability to use joints together to accomplish daily tasks.
- Training in activities of daily living, including bathing, communication, dressing, feeding, grooming, mobility, personal hygiene, self-maintenance, skin management, and toileting.
- Specific task-oriented therapeutic activities are designed to restore the physical function of the shoulder, elbow, wrist, and/or hand that has been lost because of illness or injury.
- Comprehensive home and job site evaluations with adaptation recommendations.
- Performance skills assessments.
- Guidance for family members and caregivers.
- Treatment plans are personally developed for each person's unique and individual needs.

Because of OT, I can...



Live at home



Earn a living



Be independent

Helping you achieve success in everyday life



LEIGH HARTER
SPEECH SERVICES

NOW OFFERING

**Occupational
Therapy Services**

Helping you get on with **living**

What is occupational therapy?

Occupational therapy is a vital healthcare service that utilizes purposeful activities to assist individuals in reclaiming essential living skills that may have been lost due to injury, illness, or various developmental delays.

Through the integration of everyday activities and targeted exercises, patients of all ages can regain their independence and surmount developmental, physical, mental, and emotional barriers.

Successful Occupational Therapy is tailored to the unique needs of each patient, addressing their current state, while focusing on the patient's desired progress concerning their fine motor skills, sensory processing, and cognitive abilities.

Specifically for children, occupational therapy utilizes the power of play to engage young minds, ensuring they have fun while simultaneously fostering the development of new skills and overcoming daily obstacles.

When is occupational therapy considered “medically necessary”?

Everyone deserves to live independent, productive, and satisfying lives. Sometimes, though, a physical, mental, or developmental condition can make seemingly simple tasks difficult.

Short-term occupational therapy (OT) may be prescribed by a physician when medically necessary to:

- Learn or re-learn daily living skills.
- Improve the level of independence in the activities of daily living.
- Provide task-oriented therapeutic activities designed to significantly improve, develop or restore physical functions lost or impaired because of a disease or injury.

OT services must be ordered by a physician or other licensed healthcare practitioner and performed by a licensed and certified OT provider.

OT services are considered medically necessary when there is a reasonable expectation that occupational therapy will achieve measurable improvement in the patient's condition.

Who can benefit from OT?

Our occupational therapy services include treatment for patients who:

- Are living with mental or physical impairment(s).
- Recovering and returning to work after an injury.
- Have experienced sudden, serious health conditions, such as a stroke, heart attack, brain injury, or amputation.
- Have chronic health conditions such as arthritis, multiple sclerosis (MS), Parkinson's Disease, or chronic obstructive pulmonary disease (COPD).
- Are living with learning disabilities or developmental delays.

OT offers valuable support to all groups dealing with physical, sensory, or cognitive challenges. Occupational therapists help individuals regain independence by addressing barriers to their overall well-being and quality of life.

Leigh Harter Speech Services also works with friends and family members to encourage their participation during a patient's occupational therapy journey.